

9-4-2019

Iowa State Daily (September 4, 2019)

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IOWA STATE DAILY

An independent student newspaper serving Iowa State since 1890 ☀️ +74 +52

09.04.2019 Vol. 220 No. 007 **WEDNESDAY**

Suicide prevention resources available

BY JACOB.SMITH
@iowastatedaily.com

Suicide is an important health issue that can affect anyone, no matter their age. The warning signs of suicide can be noticed before they are acted on. Reaching out for help can be crucial in saving a life. Here are some resources for you to assist yourself or loved ones in times of need.

SUICIDE PREVENTION LIFELINE

If you or a loved one is struggling with suicidal thoughts, reach out for help. The National Suicide Prevention Lifeline can be called any day, any hour at 1-800-273-8255. Calling is free, anonymous and will put you in contact with professionals who can assist you. You can chat online through suicidepreventionlifeline.org for confidential assistance. Together we can all help prevent suicide.

IOWA STATE RESOURCES

Iowa State provides several campus resources that may be beneficial to consult for outreach, consultation or presentations. Student Counseling Services (SCS) can be contacted by phone at 515-294-5056. The after-hours crisis line is 800-273-8255 and you can also text "ISU" to 741741 for services.

The walk-in hours are from 8 a.m. to 3 p.m. Monday-Thursday and crisis hours are from 8 a.m. to 5 p.m. Monday-Friday at 2505 Union Drive, Student Services Building, 3rd Floor. There is no charge for individual appointments with a counselor but SCS will charge a \$25 fee for any uncanceled missed appointments. Additional information can be found online on the Student Counseling Services webpage.

ADDITIONAL RESOURCES

Iowa State University Police Department
24 hour police department on ISU campus
Call 515-294-4428 for NON-emergencies
Call 911 in emergency situations
Ames Police Department
24 hour police department for the city of Ames
Call 515-239-5133 for NON-emergencies
Call 911 in emergency situations

GETTING THE MESSAGE OUT

Suicide lawsuit encourages awareness



COURTESY OF KATHRYN SCHUSSLER

Editor's note: This story contains sensitive content that may be distressing to readers.

BY JACOB.SMITH
@iowastatedaily.com

On Nov. 9, 2015, Kathryn and Jeffrey Schussler woke up to knocking on their door.

"We were sound asleep, and we got a knock on the door at about three in the morning, and the dog was barking," Kathryn Schussler said. "And we have some window panes on the side of our door, and I looked out and could see that

>> **SCHUSSLER** Pg8



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CALENDAR

9.4.19

ReACT Exhibition Opening Reception, *Christian Petersen Art Museum, Morrill Hall at 4 p.m.* Opening reception for the first ReACT Exhibition of the fall semester.“It Starts with Us: Civility and the 21st Century Land Grant Mission.”

Turquoise Bracelet Class, *Turquoise Bracelet Class at 6:30 p.m.* Terrie Hoefer Turquoise adorned royalty of ancient Egypt including Nefertiti and Cleopatra, two intelligent and powerful women. Create a lovely turquoise bracelet using wire working techniques with sterling silver, and let it remind you of your own beauty and strength.

SUB Parking Ramp Movie: Avengers Endgame, *MU Parking Ramp at 9 p.m.* Bring a cozy blanket or a chair! Doors open at 8 p.m. and the rain location is the Sun Room in the Memorial Union.

POLICE BLOTTER

9.3.19

Jonathan Daniel Goodale, age 26, of 617 Onyx St. - Ames, Iowa, was arrested and charged with operating while intoxicated (first offense) at 2310 Mortensen Parkway (reported at 1:44 a.m.).

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction.

9.5.19

Information session: Proposed Healthy Life Center, *Cardinal Room, Memorial Union at 11:30 a.m.* Nancy Carroll, executive director of Heartland Senior Services and a member of the Healthy Life Center steering team, will provide a 30-minute overview of the proposed Healthy Life Center, followed by a Q&A. Refreshments will be provided.

Cyclone Cinema: Rocketman, *Carver 101 at 7 p.m.* An epic musical fantasy about the uncensored human story of Sir Elton John’s breakthrough years.

9.2.19

Michael William McPeck, age 37, of 255 S Kellogg Ave. - Ames, Iowa, was arrested and charged with trespassing, entering or remaining without justification at 707 Burnett Avenue (reported at 11:00 a.m.).

Matthew James Stover, age 20, of 235 Sunset Dr. - Ames, Iowa, was arrested and charged with public intoxication at 247 Ash Avenue (reported at 5:52 p.m.).

To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

FEATURE PHOTO



CAITLIN YAMADA/ IOWA STATE DAILY

>> Ribbon Cutting

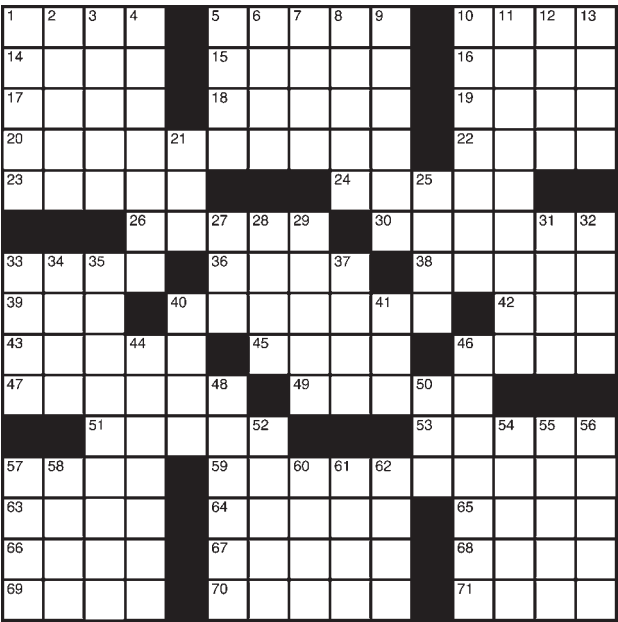
The City of Ames held a ribbon cutting revealing inclusive paintings on the crosswalks at the intersection of 5th and Douglas.

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Crossword



YESTERDAY'S ANSWERS
SMOKY FLAP ACHE
CELIA AUDI VOID
OHENRYSPECIALTY
OTO DOTE GLESS
PASSAGE APOOR
DRINKGARNISH
LARAMS NEW DUE
SEEKS BED EIGER
TRE BOA ENTERS
SIXTIESDANCE
ARDEN CLINTON
JAMAL ITAR WOO
OLIVEROFFICTION
CONESSO LISLE
KEEL BOOR EATAT

Across

- 1 A dromedary has one
5 Smart guy?
10 Exec's "I need it now!"
14 Black-and-white snack
15 Military training group
16 Actress Hatcher
17 Like a clock reading 5:05 at 5:00
18 "Eat!"
19 Tenant's expense

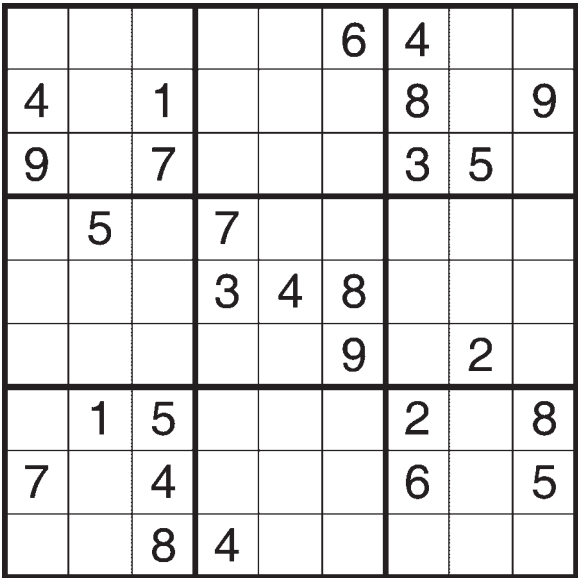
- 20 *Space-saving computer monitor
22 Fateful March day
23 Equipment on a balance sheet, e.g.
24 Immunity builder
26 Cuban dance
30 Defective cars
33 Devious laughs
36 "That stings!"
38 Often ____; about half the time
39 Foofaraw
40 Untidy waking-up hair condition, and what the first word of the answers to starred clues can be
42 Historical span
43 Posh
45 Freezer bag feature
46 Bluish hue
47 Go away
49 Southern speech feature
51 Turn out to be
53 Zodiac transition points
57 Arizona Indian
59 *Title racehorse in a 2003 film
63 Mont Blanc, par exemple
64 Rabbit relatives
65 Foreign Legion cap
66 Falsehoods
67 "Fame" singer Cara
68 First family's garden site?
69 Oater stronghold
70 Tickle pink
71 Cubicle furnishing

Down

- 1 Labor leader who vanished in 1975
2 Range dividing Europe and Asia
3 Southwestern tablelands
4 Kiln users
5 Adaptable, electrically

- 6 Wilderness home
7 Rim
8 Reacts to a tearjerker
9 Pet's home away from home
10 Some hotel lobbies
11 *Start-up capital
12 "Rule, Britannia" composer
13 Depressing situation, with "the"
21 Early Beatle Sutcliffe
25 Enjoy King and Koontz
27 Cohort of Curly
28 Future blossoms
29 Felt pain
31 Director Ephron
32 Kenton of jazz
33 Difficult
34 Falco of "The Sopranos"
35 *Jalapeño, for one
37 Listen to
40 Polar explorer Richard
41 Menu words
44 Most off-the-wall
46 Sounded like a chicken
48 Buttocks, informally
50 Loos, for short
52 Necklace gem
54 Soft leather
55 Plumber's concerns
56 Reek
57 Football game division
58 Hodgepodge
60 Real estate measurement
61 Curved
62 "That makes sense"

Sudoku
by the Mephram Group



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.

For strategies on how to solve Sudoku, visit www.sudoku.org.uk

IOWA STATE DAILY

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PERIODICALS POSTAGE

Front page weather courtesy of the American Meteorological Society.



CAITLIN YAMADA/ IOWA STATE DAILY

The City of Ames held a ribbon cutting revealing the crosswalks at the intersection of 5th and Douglas with inclusive paintings. Attendees were given pieces of the ribbon cut during the ceremony.

Ames paints inclusion

BY LOGAN.METZGER
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A ribbon-cutting celebration for the new Ames inclusive crosswalk took place Tuesday afternoon at the intersection of Fifth Street and Douglas Avenue.

Around 30 individuals were in attendance for the event from both Iowa State and the Ames community.

After both John Haila, mayor of Ames, and Reg Stewart, director of the Office of Diversity and Inclusion, spoke about the importance of the crosswalk, the City Council held a rainbow ribbon that Haila and Stewart then cut.

The Ames City Council, in collaboration with the Office of Diversity and Inclusion, pursued a custom crosswalk as part of the city's efforts to make all people feel welcome in Ames.

"This crosswalk is a small but visual way of demonstrating that we are a community that respects and appreciates all people," Haila said.

Haila said that Stewart approached him about the idea for the crosswalk and he later proposed it to the City Council and they

voted unanimously in favor of the crosswalk design.

"Ames is a diverse community," Haila said. "It is important to communicate that everyone is welcome and invited to come participate and interact with our community."

The crosswalks on Douglas Avenue feature a minority-inclusive pride rainbow. The crosswalk on Fifth Street to the east features gender non-binary pride colors, and the crosswalk on Fifth Street to the west features transgender pride colors.

"This is really an exciting project from a city standpoint," Haila said. "One of the City Council's goals is to promote a sense of one community and we believe that this is an opportunity to communicate to everyone in Ames that everyone is welcome here."

The intersection was closed early on Tuesday, and city crews masked off and painted the color blocks. The intersection will remain closed to vehicle traffic until Wednesday morning.

Stewart said that deciding on the where and what of the crosswalks was pretty simple to plan, but finding a way to go about doing the application of the design was a

tougher decision.

"Originally the idea was to do heat applied vinyl, which has a seven to eight year lifespan," Haila said. "We went and got bids but they were two to three times what we were looking to do. We are going to get more bids this winter."

Haila said they decided to go with paint so that it would be ready for Ames Pridefest as well as the start of the school year.

The new crosswalk was designed to be completed prior to the annual Pridefest event, which is planned for Saturday in front of the Ames Public Library.

"It has been 50 years since stonewall," Stewart said. "50 years of advocating for basic human rights. 50 years may seem like a blink of an eye for some folks but for others, it can be a very long time, but who would have thought 50 years ago that a small town in central Iowa would be saying this: 'We see you, we hear you, we welcome you, but most importantly from this moment forward we will also include you.'"

Stewart said that it is one thing to talk about inclusion, but it is another thing to show it when no one is around, such as having this permanent crosswalk design.

Ten candidates to not debate

BY JAKE.WEBSTER
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When ABC and the Democratic National Committee (DNC) announced the 10 candidates who qualified for the Sept. 12 debate, 10 other candidates actively seeking the Democratic presidential nomination were left off the stage.

Businessman Tom Steyer and Rep. Tulsi Gabbard have fulfilled one of the two criteria necessary to qualify for the debates set for Oct. 15 and 16 if more than 10 candidates qualify. All candidates who qualified for the September debate automatically qualified for October.

However, that leaves eight candidates who are unlikely to qualify for the October debate and the media coverage that comes with it.

Sen. Michael Bennet, Gov. Steve Bullock, Mayor Bill de Blasio, former Rep. John



GRANT TETMEYER/ IOWA STATE DAILY

Montana Governor and Democratic presidential candidate Steve Bullock addresses a group of supporters May 28 at Cafe Diem. He addressed topics such as union and women's rights.



COURTESY OF WIKIMEDIA COMMONS

Student book club "A Novel Idea" is inclusive and open to anyone who loves to read.

A Novel Idea opens up book debates and discussion

BY AMBER.MOHHMAND
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A Novel Idea is one of the hundreds of clubs at Iowa State, with 85 members but 10 regulars.

The club is based on students who want to continue to read and look to build social connections. The group meets once a month to discuss books, ranging from self-help to controversial books.

"It originated just with a couple girls who wanted to start a book club on-campus and meet other students that loved to read and have it be like a laid-back, inclusive and non-stressful environment," said Paige Ahlrichs, president of A Novel Idea and senior in mathematics. "Just to meet with other students and connect with them on campus."

The club was created five years ago with the idea of providing a space to read and discuss various books on campus. A Novel Idea is an inclusive club where students meet to discuss and debate about different books. The books are chosen by Ahlrichs and the club treasurer and are confirmed through the meetings. Ahlrichs said she tries to bring books from all genres.

The club originally started out with paying dues so the club president could buy books for all the club members, but due to limitations, Ahlrichs said she took that aspect out and gave the members the responsibility to obtain their books.

"In the end it also made the readers read more up-to-date books because when we had club dues we would have to only read books that we could get for a dollar or two and en masse so that we would have enough for all of our members," Ahlrichs said. "And that means we would have to read books that are kinda outdated and not as current with the time."

A Novel Idea recently read "The Psychopath Test: A Journey Through the Madness Industry" written by Jon Ronson, who worked with psychologists and neurologists to create a method on how to pinpoint a psychopath. The book has spiked controversy for the readers who questioned the legitimacy and accuracy of the test.

"There was a lot of controversy about the efficiency of this test and if it's really accurate in how it determines if someone is a psychopath," Ahlrichs said. "It talks about how [Ronson] came up with the tests and the interviews he had with people and it goes into detail about each category of the test and that it kinda breaks down the different qualities that [Ronson] would say a psychopath would have."

Ahlrichs said the small group helps build the environment of the club by giving everyone the chance to speak up.

"We like our debates to be spirited and we try not to have just one viewpoint in our book clubs; we don't read books that are all the same," Ahlrichs said.

To keep the debates spirited and the club small, Ahlrichs said A Novel Idea will not be participating in ClubFest on Sept. 11. However, students who wish to join the club are welcome to come to the meetings or reach out to Ahlrichs.

Gender Studies adds new member

BY ARABELLA.HAU
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Iowa State’s Women’s and Gender Studies Program (WGS) welcomed a new assistant teaching professor, Rita Mookerjee, to their core faculty this fall.

Mookerjee grew up in Pennsylvania and is a recent graduate of Florida State University, where she earned her doctorate degree in the English department. She will now be teaching three courses here at Iowa State: Introduction to Queer Studies (WGS 205), International Perspectives on Women’s and Gender Studies (WGS 301) and Feminist Theories (WGS 401/501).

Mookerjee’s passion for the Women’s and Gender Studies Program was sparked by her colleagues. One of those colleagues was Director of Women’s and Gender Studies Program Ann M. Oberhauser, who is among other colleagues committed to making Iowa State an inclusive campus.

Mookerjee finds that everyone in Iowa State’s Women’s and Gender Studies Program has worked very hard to offer a strong curriculum with courses that students can connect with and use in daily life no matter their field of study.

“The course offerings at Iowa

State are limited as of right now because WGS is a small program, but they’re really addressing contemporary topics and issues that we’re facing right now,” Mookerjee said. “We’re not just talking about the Ivory Tower or elite theories of feminism, or sitting and having these large infernal questions. We’re talking about current events, we’re talking about pop culture in our courses.”

Mookerjee emphasizes the importance of such courses to provide a space for students to have conversations and share ideas with each other. Students can discuss topics that are relevant to current events, such as social issues that arise with the upcoming election.

Prioritizing spending time with the community as well as teaching and working with students in class is important to Mookerjee as she takes on her new position.

Mookerjee said she also supports student organizations that relate to her interests. She plans on being involved with LGBTQIA+ centered programs as she feels it is important to have a faculty presence to support Iowa State’s students.

With the upcoming school year, Mookerjee is most looking forward to the ‘ah-ha’ moments and interesting conversations that will be had in her courses.



COURTESY OF JONATHAN GROSSO

The Women’s and Gender Studies Program recently welcomed Rita Mookerjee to their core faculty. Mookerjee is a new assistant teaching professor who plans to teach three courses at Iowa State, which include Introduction to Queer Studies, International Perspectives on Women’s and Gender Studies and Feminist Theories.

“I love that moment where something clicks or someone puts pieces of an issue together that maybe they hadn’t considered before, or finds out something that they had no idea about,” Mookerjee said. “That’s very exciting for me. When I was a student, I loved those moments where I realized I didn’t know anything,

it’s sort of like those terrifying moments where you’re like ‘oh my goodness I have no knowledge of this subject, I need to do some reading.’ I find that very invigorating and I like to see that happen with my students.”

Participating on campus is another goal of Mookerjee’s. One of her

passions is writing poetry, so she will be publicly reading a piece of her work in October at the Parks Library.

New to the Ames area, Mookerjee plans to explore the Midwest more as well. She believes that there’s a lot to experience here and is excited by aspects of the culture, such as farming and sustainability.



CAITLIN YAMADA/ IOWA STATE DAILY

Illegal parking fines have been increased from \$20 to \$40 for football gamedays.

Gameday parking fines increased

BY JAKE.WEBSTER
@iowastatedaily.com

On a Cyclone football game day in Ames, the number of people within city limits — and the number of cars within city limits — increases significantly. Now, so will the fines levied against those cars.

As an incentive against illegal parking, the City of Ames now enforces higher fines for illegal parking on football game days.

Ames City Council approved a “Game Day Parking Ordinance” increasing the fine for illegal parking from \$20 to \$40 “in designated neighborhoods from 6 a.m. to midnight” on football home game days. According to a press release, more than 500 signs have been posted in those neighborhoods.

Among the motivations for the increase in illegal parking fines, the city said in a statement the high number of illegally parked vehicles compromised

safe access to streets, along with blocked driveways and intersections, limitations on emergency vehicle access and pedestrian hazards.

The neighborhoods include Campustown and areas west of Jack Trice Stadium south of Lincoln Way. A comprehensive map of the neighborhoods impacted can be found on the city of Ames website.

Iowa State has six more home football games this season, with the next game scheduled for Sept. 14 against the University of Iowa, and the last of the season on Nov. 23 against the University of Kansas.

The parking enforcement coordinator, Sheri Nelson, called for drivers to pay attention to signs, rather than simply where other vehicles have parked in an area.

“The best way to avoid getting a parking ticket is to arrive early, obey the posted signs, and enjoy the football game,” Nelson said.

Iowa State Recreation Services provides workout programs, recreational trips

BY AMBER.MOHPAND
@iowastatedaily.com

As students work on improving their health and fitness either through nutrition or physical activities, Iowa State provides recreational services to students who are looking for new workout routines or weekend hiking trips.

Iowa State has three centers dedicated to recreational services — State Gym, Lied and Beyer Hall — that all have similar services. These centers are free and available to all Iowa State students with an ISUCard.

State Gym is located on the west side of campus, and was renovated in 2012 to include a rock climbing wall and a leisure pool and high-dive. The facility also has two indoor running tracks, weight and cardio equipment and a multipurpose activity room. There is also a skywalk with ellipticals that connects State Gym to other recreation services in Beyer Hall.

“My favorite place to go is the pool,” said William Young, a sophomore in psychology. “After a hard workout I usually cool down swimming to relax my muscles, and to get rid of some lactic acid. When you’re done doing an intense workout, your body creates lactic acid and that’s when you feel really sore. So getting a good cool down helps reduce it a little bit.”

Iowa State Recreation Services also provides fitness classes that are open to anyone; classes are held during the spring, summer and fall semesters. Personal training, which is also provided through Recreation Services, allows students to work one-on-one with a trainer.

There are also outdoor recreational trips and workshops, such as kayaking, rock climbing, outdoor cooking, skiing and snowboarding. Students can register on the Recreation Services website for these workshops as well as explore the various



IOWA STATE DAILY

Iowa State Recreation Services offers many workout programs, such as aquatic classes.

trips they can join.

“They also do weekend and extended trips, which are led by student staff that are also trained,” said Ray Schmidt, marketing coordinator for Iowa State Recreation Services.

In addition to trips in the U.S., Iowa State Recreation Services offers students international trips to Costa Rica.

“Last year became the first year of our international trip, which is hiking in Costa Rica,” Schmidt said. “[...] which is a fully immersive experience; there’s kayaking, surfing, horseback riding as well as hanging out with locals — you really get to know the local culture — so the Costa Rica trip is kinda a big thing.”

Students do have to pay a separate fee for the trip, which provides for transportation, food, technical equipment and logistics. The trips can last anywhere from a day up to a week and students can travel to places as close as Boone to as far away as state parks in Arkansas.

More information about Iowa State Recreation Services can be found on their website.

Unappreciated and unknown

Native American history should be taught in U.S. schools

BY CONNOR.BAHR
@iowastatedaily.com

For a class this semester, I have been tasked with learning about the Native Americans of Iowa. As I have begun to dig into the readings, I have been bombarded with information that I had never heard before. There were 30 or more tribes in Iowa with their own cultures, their own wars and their own history all happening in my backyard, yet I've never heard of it.

For example, a park I used to frequent in my childhood was originally set up because of a bison run and several burial mounds found in the area. I've probably been there hundreds of times and have never seen either of those and never learned they were there. Native American history should be in the public curriculum of U.S. schools.

There are about two million federally recognized Native Americans in the U.S. right now. In the current high school curriculum, the history of North America largely begins when European settlers appeared. They may run through the Trail of Tears, or mention Native American relocation, but the main focus is on the Revolutionary War, the Civil War and other large European conflicts. This may be due to a lack of focus on history in general in public schools, but in states with rich Native American history, it should be taught alongside European history.

It's sad that I know more about the Roman Empire than people who may have lived where my house now stands. We tend to think of Native Americans as having one culture that didn't change until Europeans came, but that couldn't be further from the truth. Each tribe has a unique culture, and they were just as fluid before the Europeans arrived.

However, Native American education is changing. In Montana, a change to the state constitution requires teachers to integrate Native American culture into all aspects of teaching. For example, when teaching math, Cheyenne beads are used as



COURTESY OF WIKIMEDIA COMMONS

Columnist Connor Bahr argues that Native American history is often glazed over in U.S. school curricula and left unappreciated. Bahr believes it should be taught more thoroughly throughout the country, but more than that, the eurocentric mindset should be shed in order to change how we look at history.

learning tools. This mandate is put in place to introduce children to Native Americans without just a history lesson. Montana is not alone. Wisconsin and South Dakota have policies meant to increase awareness of Native American culture and history. In California, a

bill was passed requiring public schools to set up a Native American Studies elective course. All of these are great for teaching young people about Native American history, but it doesn't solve the problem. For many of us, our knowledge of history, particularly

in America, begins with Europeans. While requiring schools to teach Native American studies is a great step forward, we need to change our mindset about history. We have to value all cultures, particularly the ones that were right in our backyard. We have to

get rid of the eurocentric mindset that is so deeply ingrained in society that it extends even to public education. In the long run, this mindset can hurt those who may need help, or simply make us blind to a large area of knowledge.

EDITORIAL

Take action against violence

Three people were shot outside of the Minnesota State Fair on Monday in one of the most recent mass shooting events. Another recent mass shooting in Odessa, Texas left seven dead and over 20 wounded on Saturday. These shootings are unfortunately only a few of the many that have occurred over the last year.

Kids growing up in this generation are becoming desensitized to news of school shootings and are often not surprised anymore when they see breaking news about a shooter on their Twitter timelines. They just scroll past without thinking it out of the ordinary.

Kids are growing up in the era of active shooter drills and parents having conversations with them about if and when a situation like this occurs.

This is a problem, because the people who died or were injured in the incidents have names, families and experiences and are now just becoming another statistic on an article. After so many of these instances, it can be easy to forget the magnitude of these tragedies have on communities and families.

According to the Gun Violence Archive, 10,000 people have died from gun violence this year. The Gun Violence Archive also shows that there have been over 200 mass shootings in 2019 and over 38,000 gun violence incidents.

This begs the question, "When is enough, enough?" How many more lives must be lost to gun violence in order for action to be taken? How many kids must not return home from class until parents can send their kids to school without worry?

After a shooting, there is often a "This is the last time" mentality.

People are quick to share their opinions and thoughts on social media about the best way to stop these mass shootings. For a day or two, it seems like gun control is everything anyone is talking about, and rightly so.

However, after a few days, people seem to forget about the issue until the next incident occurs. It's a cycle that is lacking any sort of action.

While it may be quick to say "thoughts and prayers," they don't do anything, and a lot of

people don't know what else they can do. But there is always a way to work towards change.

One way you can help break this chain of gun violence is by paying attention to who you are electing into office in both upcoming and local elections. What are their policies on gun control and gun violence? Look at their policies and stances and vote for who you agree with, and who will take action on them.

Even if the news of a shooting fades to the back in the hectic 24 hour news cycle, be the person who doesn't forget. Know who represents you in your district and take the time to educate yourself on all sides of the gun control issues. Don't just limit your views to what you want to see. Do your research and make your own conclusion. Then, take your thoughts to the ballot boxes and use your voice.

Because if nothing changes, nothing changes. If action isn't taken, more people will die in mass shootings. No matter if you believe in strict gun control laws or looser ones, some sort of action needs to be taken, and you can be part of the solution.

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COLUMN

Close call with UNI

Bye week comes at right time for ISU

BY NOAH.ROHLFING
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The Iowa State Cyclones are 1-0.

At the end of the day, that's what matters most for coach Campbell and Co. but realistically, there isn't much else for him to be happy about after Saturday's concerning performance.

The Cyclones were sluggish. They were conservative. They missed blocks at an alarming rate and were lucky they didn't have more than the one turnover (which directly led to Northern Iowa taking the lead). They fell from No. 21 in the AP Poll to a tie with similarly-disappointing Nebraska for 25th on the ballot.

There's a hell of a lot of things Iowa State needs to work on if it wants to become the Big 12 contender people thought it was heading into the season. But thanks to a quirk in the college football schedule this year, Iowa State has a week off before hosting Iowa Sept. 14.

The Cyclones can use this to their advantage by concentrating on their weak spots.

Starting with the offensive line — something has to change. The line has been the Achilles heel of the Cyclones since before Campbell took over in 2016, and there were signs of improvement at times in 2018.

But Saturday felt like a step back, and with this week off, I'm in agreement with Cyclone Fanatic's Chris Williams (Daily alum): A lineup change wouldn't be the worst thing.

Waiting in the wings in case Campbell makes adjustments is redshirt freshman guard/center Trevor Downing, who impressed coaches in the spring and fall camp and was the odd man out on Saturday.

Campbell has another young option he could utilize — although the Iowa game might be too soon — in redshirt freshman Joey Ramos. Ramos was often talked about in the spring and fall as someone who was getting closer to game readiness, and by the end of the season he could very well sneak his way into the playing time conversation.

Even if it's not inserting youth into the lineup, the Cyclones will have to change something to keep improving.

Moving Good-Jones back to center if Newell misses any time with an injury could be the way to go, as it opens up a spot for Downing without throwing him into the fire at the center position. As Williams posed,



Freshman quarterback Brock Purdy runs the ball for a touchdown during the first half of the Iowa State vs Baylor football game Nov. 10.

the corresponding move could then be to push Josh Knipfel out to left tackle, as the senior is one of Iowa State's most dependable blockers.

Campbell admitted the team saw flaws against the Panthers.

"I don't want other people to figure that out just yet, but I think there was enough there," Campbell said. "Areas that I went into saying 'This could be a challenge if we're not ready' showed up."

Also interesting was the lack of a running game from Purdy. The biggest run the sophomore had was an eight-yard scramble for a touchdown that was called back via a holding penalty. Other than that play, Purdy was largely absent from a running game that would benefit from his inclusion.

Campbell said that it wasn't a team decision to limit his carries, but it still begs the question: will this happen against Iowa?

The Cyclones better hope not. Against a defensive line as strong as the Hawkeyes', Purdy's mobility and escape instincts will be critical.

What else needs to be worked on?

The playcalling and

risk-taking against the Panthers was pretty shocking given the opponent, but Campbell is beginning to gain a reputation as a risk-averse in-game coach, ala a certain head coach of Iowa football.

I have a feeling I'm far from the first to make that comparison, and I doubt it's one that Cyclones fans will fully appreciate.

The similarities are there, right down to the brutal decisions to punt on fourth-and-short in opposing territory. It's obviously just one game against an FCS opponent, but Campbell and offensive coordinator Tom Manning can't really afford to be so conservative against teams such as Iowa, Oklahoma and Texas.

I won't be negative for the whole story, though. Iowa State has a good problem on its hands — each of the Cyclones' running backs averaged four-plus yards per carry and each had their own flashes of ability. I doubt the position will be solved by the Iowa game. The Cyclones' defense was dominant, and apart from a few broken plays turned into yardage by Will McElvain held the Panthers to just about nothing on the



IOWA STATE DAILY
Iowa State Coach Matt Campbell thanks the Cyclone fans in attendance during the pep rally held Dec. 27, 2018.

ground. They kept Iowa State in the game when the offense was sputtering.

None of the issues Iowa State showed against the Panthers are unfixable. This is still a good football team one game into the season. I'm not saying the sky is falling, or that the Cyclones will even lose to Iowa.

But there definitely is room for improvement — and this bye week could be a chance to iron out those flaws just in time for the Cy-Hawk game.

Iowa State offense shows promise

BY JACK.SHOVER
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Despite an OK defensive performance against South Dakota on Tuesday, Iowa State volleyball's attack provided a strong showing and a glimpse of what the offense could become.

The Cyclones swept South Dakota in three sets and registered the highest team hitting percentage of the three-game season. The hitting percentage has steadily increased each game as young players grow into or find their role on the team.

Iowa State had a hitting percentage of .189 against Central Florida and a percentage of .226 against Ole Miss, but against South Dakota — who won the Missouri Valley Conference last season and qualified for the NCAA Tournament — the Cyclones hit a strong .305.

The strong night was spearheaded by senior outside hitter Josie Herbst, who had 13 kills and a .500 hitting percentage. Herbst was able to vary up her shots — an area coach Christy Johnson-Lynch said Herbst has improved upon with consistency — by hitting the Coyote defense with shots across the court, down the line and by adding roll shots.

"She's just growing as a senior," Johnson-Lynch said. "I think she's ready to take on more."

Outside of Herbst, both freshman Annie Hatch and sophomore Eleanor Holthaus have been working on developing their tool box to be even more dynamic on the attack like Herbst.

Hatch, who already provides a whalloping arm on the attack, began the year on an inefficient note against Central Florida, but her efficiency and shot selection has been improving every single game.

Against UCF, Hatch had nine kills and nine errors for a hitting percentage of zero, but in the following match against Ole Miss, Hatch had 14 kills and cut the errors down to three for a hitting percentage of .195.

Against South Dakota on Tuesday, Hatch cut down her total errors by three — for a total of three errors — and had 13 kills, which tied Herbst for the most in the game.

Herbst attributed the improved efficiency by Hatch to what she has been working on in practice.

"We work on many different shots at practice," Herbst said. "Hitting high hands and doing that roll shot to zone four has been really helpful for [Hatch]."

Like Hatch, Holthaus has seen the coaching staff work on tweaking her role on the attack.

"We're trying to grow her into kind of what [Jess] Schaben did for us," Johnson-Lynch said.

In Schaben's sophomore year she began working on attacking from the back row, and by the time she was a senior, Johnson-Lynch said she was one of the best players in the country hitting from the back row.

The transition wasn't smooth, though, and Johnson-Lynch noted that Schaben may not have even had a positive hitting percentage from the back row as a sophomore, but the team is dedicated to developing those skills even if they provide inefficient results.

As it is only the third game of the season, the coaching staff is continuing to work players into different positions and tweak with the lineup — against South Dakota, Hatch and Herbst switched spots on the rotation to positive results.

As the season progresses, the team will begin to find the most productive lineups as players like Hatch and Holthaus develop more comfortability within their roles of the offense.

"We're finding our way and yeah I think there is great promise, but I still think we have a long ways to go," Johnson-Lynch said.

If the team still has bounds left to improve, the Cyclone attack could become dangerously good with contributions from hitters like Herbst, Holthaus and Hatch, who guided the Cyclones to a .305 hitting performance in only the third game of the season.

Exploring your identity

Transgender student shares their college experience

BY VICTORIA.REYNA-RODRIGUEZ
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Navigating your gender identity can be a complicated task, but there is a community to be found at Iowa State for doing so.

E*, a sophomore in design, explains their background on discovering their own gender identity and the impact Iowa State has had on them.

“Growing up in Ames, a diverse community because of its connection to ISU, I had a lot more opportunities to explore not only what was out there in the world, but also get different perspectives on what can go on internally as well,” E said.

While E was lucky enough to grow up in a somewhat diverse community, that does not mean being a part of the LGBTQ+ community was always easy and widely accepted.

“One thing I’ve learned over the years is that you never come out just once,” E said, “The first person I straight up came out to was my gym teacher when I’d asked her if I could use the alternative locker room to change.”

Coming out can mean different things for different people, but the sociology dictionary online defines it as, “The social, psychological, or political process and act of recognizing and acknowledging a sexual or gender identity within oneself and disclosing this to others.”

E explained how difficult the coming out process can be.

“There were times I wanted to shout it from the rooftops to get it over and done with, and times when I wanted to tell each person individually to make it special [...] There wasn’t an immediate ‘okay we’re on board’, but there also wasn’t a big fight either. It was, and still is, a slow coming out, a slow process,” they said.

E recognizes that coming out is a process, unique to every individual. No specific pace is required.

“I’m not out completely, I’ve still got around a good 3/5 of my body still in the closet, but I’m being allowed time to work things out my own way, which now I realize that’s the way I’d like it to always be,” they said.

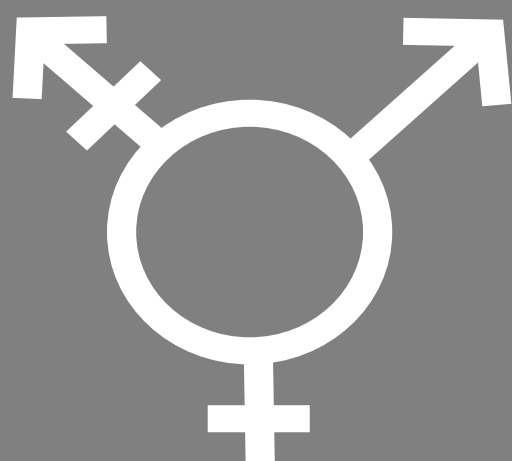
Iowa State offers various ways to find your place in the LGBTQ+ community on campus.

“I know about the clubs, programs and all the help they offer for LGBTQ+ students, which is really, really great,” they said. “But I’ve also found that I meet more people from the community naturally as well. There are times when people say ‘I’ve never met a gay/trans person before’ and to that I’ve also heard the add on, ‘that you know of,’ Knowing this, and knowing what ISU has for LGBTQ+ students, it’s clear to see that there are multiple ways to find community.”

One of those ways is through The Center for LGBTQIA+ Student Success at Iowa State. According to their website, The Center’s mission is to develop, “academic and personal success, community, and leadership for lesbian, gay, bisexual, trans, queer, intersex, asexual, and allied students.”

They also have a vision of, “an inclusive Iowa State University free of oppression in all forms, where socially-just practice inspires community engagement, leadership, and equity.”

This statement has been adapted from vision language at the University of Wisconsin, Milwaukee LGBTQ Resource Center and the University of Michigan Spectrum Center.



50%

of transgender students have been denied access to restrooms that align with their gender identity

90%

of transgender students have heard negative remarks about their gender expression at school



Transgender women are

1.8

times more likely to experience sexual violence than any other group

SARAH ESTES/ IOWA STATE DAILY

Looking for a community at a new college can be difficult, but Iowa State offers many ways to find out where you fit on campus.

E gives advice not only for LGBTQ+ students, but anyone.

“Get involved,” they said. “Be as proactive as you can and work to make a genuine connection with those around you. For anything you’re interested in, whether it be LGBTQ+ related or something else, put yourself out there first and others will too.”

While finding inclusion on campus can be difficult, E is hopeful.

“It can be intimidating to see people who look established in their communities, which can lead to the thought that there’s no way in, but there is,” they said. “ISU is known to ‘have a club for everything’ and it’s up to you to respond to that outreach.”

*For privacy reasons, this individual has chosen to go by “E”



GRANT TETMEYER/ IOWA STATE DAILY

Attendees of the Des Moines Pride Parade wear flags and face paint to show their support for the LGBTQIA+ community June 9. The parade started at the Iowa Capitol Building.

>> SCHUSSLER Pg1

there were two Linn County Sheriffs and a chaplain standing there, and I did not want to let them in. As a parent, you know when you see those people standing at your door that something bad happened.”

They were told by police that their son Dane, age 21 and a junior at Iowa State, had died by suicide.

Dane had gone through counseling with Iowa State’s counseling center for five sessions prior to his death.

Dane was described by his parents as a smart, happy and kind young adult with a strong concept of time. They said he was very easy to raise and never caused any trouble growing up.

“He lit up our life,” Kathryn Schussler said.

Starting as a student studying genetics through the College of Agriculture and Life Sciences, Dane had a strong love for plants from past exposure from his father, who is a plant tribologist. Tribology is very interdisciplinary and pulls studies from various academic areas such as physics, chemistry, materials science and biology.

After his first year of studies, Dane decided genetics was not for him, and so he began the process of switching his major to industrial engineering. Industrial engineering is all about logistics, time and efficiency, which Kathryn said she believed fit Dane very well.

Outside of academics, Dane was an all-state trombone player who loved playing cards. He was attracted to the Mayhem card shop on Lincoln Way and would play Pokémon with his friends.

“When he started struggling in school I thought it was just what you would call normal college stress,” Kathryn Schussler said. “I had no idea he was in full blown depression.”

Dane was starting his third year at Iowa State, and Kathryn had heard from other parents and families going through the transition that the counseling center had helped them, so she suggested he seek their assistance.

“We were led to believe this was a really good counseling center, and so that stuck in my head,” Kathryn Schussler said. “We sat down at roundtables with other family members and they talked about the transition going into college; we raised our hands and talked about our concerns about sending our children off to school and they basically said ‘send your kids to us.’”

Kathryn Schussler said she believed she was sending her kid to counseling for normal college stress, so the night when the Linn County Sheriffs reported to the Schusslers that Dane was dead came as a shock.

“They told us that Dane had died and we both pretty much lost it,” Kathryn Schussler said. “We were shocked. We had no idea. And then we woke up our daughter and they told us that our son Eric was already aware that Dane had passed.”

Eric, Dane’s brother, was a year younger



COURTESY OF KATHRYN SCHUSSLER

Dane pictured eating an ice cream cone at a Genetics Club meeting’s ice cream social during his freshman year. Dane shares a smile with club members surrounding him.

than Dane and was on Iowa State’s campus at the time. The police informed Eric of Dane’s passing before the parents.

“A couple of police officers knocked on Eric’s door prior to notifying us,” Kathryn Schussler said. “They woke Eric up, who was sound asleep in his dorm room, at about two in the morning, before us, and told him that his brother had died, and they asked Eric if Eric wanted to call us and notify us and Eric said ‘No I don’t want to do that.’ And then they asked Eric for our phone numbers.”

Kathryn Schussler was told that her son was waiting to hear from her.

“We thought that was just terrible that they would notify our son first and expect him to call us,” Kathryn Schussler said.

Kathryn Schussler said she believed that the officers should have not contacted Eric before them as they would have been able to retrieve their phone number via AccessPlus.

The next couple of days were rough for the whole family.

“I couldn’t eat,” Kathryn Schussler said. “I lost weight. I couldn’t sleep. I would cry all the time.”

The Schusslers sought out legal assistance from Martin Diaz, an attorney from Iowa City who, at the time, was in the process of retiring. Martin represented the Schusslers in their lawsuit against the state of Iowa, in which they were suing for medical negligence on the claim of inadequate counseling services.

Diaz said he believes the Schusslers approached him in early 2017 after Iowa State had blocked her from contacting any employees without first going through the university attorney’s office.

“They asked me if I would be willing to help them on this case, and I knew that it [meant] it was gonna take me out of the focus of retiring and back into practicing more on a regular basis, or at least on a part-time basis, so that’s what I did,” Diaz said.

Diaz said he believes that Dane may have had an underlying susceptibility to depression, and the triggering event for Dane could have been a Pokémon tournament he attended with his friends in August of 2015 in Boston, the weekend before school started at Iowa State.

Without Dane’s knowledge, his friends brought guns across state lines and made ambiguous comments that they may have been planning to use the guns. The FBI then raided the hotel room where Dane and his friends were staying and interrogated Dane along with his friends.

Dane was not charged with anything but both of his friends were convicted of carrying firearms across state lines.

“That seemed to trigger whatever underlying sort of depression and anxiety that he [may] have had,” Diaz said. “That’s what brought him to the counseling center at the end of September of 2015.”

Diaz explained how Dane had communicated his feelings and thoughts to his counselor.

“We know that about three sessions in he tells them that he’s thinking of suicide, that he has researched the idea of suicide and most importantly [has] researched methods of suicide,” Diaz said. “He was showing all of the signs of a major depressive disorder.”

Diaz said he believes that Dane was showing all of the red-flags people with major depressive disorders show, however, he was not diagnosed correctly. Dane was viewed as someone with mild depression and his comments were not taken as seriously as they would have been had he been diagnosed with a major depression disorder, Diaz said.

“The goal of the Schusslers was to get the message out,” Diaz said. “University counseling centers need to take a better approach to treating students.”

Diaz said this is a problem that impacts more than just Iowa State; it is a problem across the country.

Diaz said this problem stems from increased enrollment in universities, but a stagnant level of health care professionals offered. With more students coming in and a higher need of mental health services, universities cannot keep up with demands.

The Schusslers’ goal was to inform people about the mental health crisis, Diaz said. They want to get people to talk about mental health services at universities and suicide prevention.

On Aug. 14, the Linn County jury awarded Kathryn and Jeffrey Schussler with

“The goal of the Schusslers was to get the message out. University counseling centers need to take a better approach to treating students.”

-Martin Diaz

\$630,000, but this was halved to \$315,000 because their son is also 50 percent at fault, according to the verdict.

Kathryn Schussler said she is not worried about the money; she said she is more happy at the fact they obtained the medical negligence verdict they were hoping for.

“Really, for me, it was just about being able to tell my story, get the word out about mental health and the approach that these universities are taking to distressed college students,” Kathryn Schussler said. “That was the number one goal for me.”

>> RACE Pg3

Delaney, Mayor Wayne Messam, Rep. Tim Ryan, former Rep. Joe Sestak and author Marianne Williamson would need to receive an uptick in a number of qualifying polls to qualify for the October debate — and likely to remain viable in the Democratic primary.

Mack Shelley, Iowa State professor and chair of the political science department, said candidates who are personally wealthy, like Steyer and Delaney, can continue to self-fund their campaigns whether they

qualify for the debates or not, and if they cannot afford to self-fund they’re probably going to “fall by the wayside.” He added “ego” is probably part of why there are so many candidates in the race still.

“These are people who, for the most part, aren’t shy, and tend to have high opinions of themselves, and often with good reason,” Shelley said. “So I think there’s just a personal incentive to maintain your prominence as much as you can.”

Polls suggest the majority of likely Democratic caucusgoers in

Iowa think several or most of the candidates seeking the Democratic nomination should drop out.

Shelley said candidates who remain in the race may be seeking appointments to cabinet roles or ambassadorships if their party wins the White House.

“There probably is more than one person in the group who — although they’d never admit it — probably are, really are strategizing to run for vice president,” Shelley said.

Several candidates who did not qualify for the debate and do not

seem likely to qualify for future debates have rallied against the DNC’s rules requiring them to receive at least two percent support in four approved polls and 130,000 unique donors from at least 400 donors in at least 20 states. These rules were announced in June.

After missing out on qualifying for the September debate, Bullock tweeted “[t]here are over 150 days before voters express their preference in Iowa and New Hampshire. It’s those voters in early states and across the country who will decide this election — no one else.”

There are over 150 days before voters express their preference in Iowa and New Hampshire.

“It’s those voters in early states and across the country who will decide this election — no one else” said Gov. Steve Bullock on his Twitter account Aug. 29.

Ryan went on MSNBC’s Morning Joe to say “this race is just starting, not ending” the day after he missed qualifying, and Gabbard said the debate qualifying process “lacks transparency,” despite the qualification rules being announced well in advance of their deadline.